FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL									
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * RICKETTS LAWRENCE	2. Issuer ONE LIBERTY PROPERTIES INC	Ticker or Trading Symbol [OLP]	5. Relationship of Reporting Perso (Check all a	
(Last) (First) (Middle) 60 CUTTER MILL ROAD	3. Date of Earliest Transaction (Month 01/05/2023			
(Street) <u>GREAT NECK, NY 11021</u> (City) (State) (Zip)	4. If Amendment, Date Original Filed (Month/Day/Year)	 6. Individual or Joint/Group Filing 6 Form filed by One Reporting P C Form filed by More than One H 	erson

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	Date (Month/	2A. Deemed Execution Date, if any (Month/ Day/ Year)	(Instr. 8)		4. Securities Acquired (Instr. 3, 4 and 5)	(A) or Disposed of	(D)		Ownership	7. Nature of Indirect Beneficial Ownership
			Code	V	Amount	(A) or (D)	Price	Owned Following Reported	Form: Direct (D) or Indirect (I) (Instr. 4)	(Instr. 4)
Common Stock	01/05/2023		A		17,100 ⁽¹⁾	Α	\$0	189,164.863	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	Conversion	ise Day/ Year)	3A. Deemed Execution Date, if any (Month/ Day/ Year)	4. Transaction Code (Instr. 8)		Derivative Securities			7. Title and Amount of Underlying Securities (Instr. 3 and 4)		Derivative Security	Securities	Ownership Form of	Beneficial
				Code	v	Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		Expiration Date		Amount or Number of Shares	Owned Follow Reporte Transac	Owned Following Reported Transaction(s)	Direct (D) or Indirect	Ownership (Instr. 4)

Explanation of Responses:

These shares were issued as restricted stock on January 5, 2023 under the issuer's 2022 Incentive Plan. Generally, subject to the reporting person's continued relationship with the issuer, the 1. shares vest on or about January 4, 2028.

Remarks:

Lawrence Ricketts by David Kalish, his attorney in 01/05/2023 fact

**Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v). ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a). Note: File three copies of this Form, one of which must be manually signed.

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